

"...Your presentation was great and very informative. ..."

St. Thomas Mother

"...Your presentation was wonderful today and I just want to say thank you again for being so willing to educate our student leaders about drugs and alcohol. You are always a joy to work with!.."

University Director

"...I just can't thank you enough for the information you gave us and the time you took to give us that vital information. I have slept better since your seminar than I have in years because I finally "get it." Thank you from the bottom of my heart. ..."

Workshop Participant

"...The therapy I've had with you has provided me with what I cannot begin to define or quantify. You're an amazingly gifted woman, therapist and my own, personal hero. ..."

Client

"...I am grateful to have you and your organization as a resource for our community..."

St. John's Counselor

"...You are an amazing insightful therapist full of wisdom and compassion. I am deeply grateful for the healing that we have experienced as a family. I felt validated and supported by you at all times and this was so necessary for my healing as a mother..."

Client



Crystal Collier, PhD, LPC-S

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THE COUNCIL
ON RECOVERY
HOUSTON | AUSTIN

PRESENTATION TOPICS

- Science of High-Risk Behavior
- Current Drugs of Abuse
- Your Teenager's Brain and How to Communicate with It
- B-Mod: Respectful, Responsible and, Fun to Be With Kids
- Anger Management
- Professional Boundaries in Clinical Practice
- Clinical Supervision
- Ethics
- Synthetics: Signs & Science
- Codependency
- Family of Origin Therapeutics
- Teens & the Media: OMG U Need 2 No This Stuff
- Staff Burnout, Prevention & Treatment
- The Effects of Divorce on Children:
- Communication and Milieu Management
- Stress Management
- Video Games: Are They Hurting My Child
- Alternative Peer Groups

Experience

Crystal has been working with adolescents and adults suffering from mental illness, behavior disorders, and substance abuse since 1991. She has been licensed by the State of Texas as a professional counselor since 1999 and counselor supervisor since 2008. Her area of expertise includes adolescent development, prevention, anger management, independent living skills, trauma resolution, DBT, cognitive-behavioral therapy, family of origin, and counselor education and supervision.

Crystal is currently the Director of the Behavioral Health Institute and the Choices Prevention Program for The Council on Alcohol and Drugs Houston. She provides individually tailored therapy that address a person's cognitive, emotional, physical, social, and spiritual development. At, The Council Crystal offers psychotherapy groups, parent and teen groups, individual, family, and couples therapy.

"My mission is to make being sober more fun than using drugs or alcohol!"

Education

- Doctorate in Counselor Education, Sam Houston State University
- Masters in Clinical Psychology, University of Houston Clear Lake
- Bachelors in Psychology, University of Nebraska Omaha

To book a speaking engagement, presentation or staff training, please call (281) 200-9262.